MEMORANDUM FOR

Commanders, MEDCOM Major Subordinate Commands
Deputy Chiefs of Staff, OTSG/MEDCOM OneStaff
Directors, OTSG/MEDCOM OneStaff

SUBJECT: Independence Day Safety Message

1. Our Nation took its first step toward independence with the creation of the Army in 1775. One year later, we declared our independence with a simple unified declaration by a group of idealists who envisioned a society based on individual rights and freedom.

2. As we celebrate this Fourth of July with Family and friends, be responsible, disciplined and safe. Take time out to think about the consequences of your actions and follow through with a plan to ensure the best possible outcome; a day filled with celebration, not regret. Every year hundreds of people are seriously injured by fireworks. The safest way to enjoy fireworks is to attend a public fireworks show put on by professionals. If your day is spent in the great outdoors, remember to wear sunscreen, drink plenty of water regularly and watch for signs of heat injury. You can find more information on heat-related illness prevention on the Public Health Center web page: https://phc.amedd.army.mil/topics/discond/hipss/Pages/Heat-Related-Illness-Prevention.aspx.

3. In an effort to better manage risk and raise awareness of the off-duty hazards and threats facing our Soldiers and Civilian team, the Army Combat Readiness Center updated the off-duty safety awareness presentation, Your Life, our Loss; What You Leave Behind. We encourage each of you to view the off-duty safety presentation prior to the holiday. Presentation and speaker notes are available online at: https://safety.army.mil/OFF-DUTY/HomeandFamily/Off-DutySafetyAwarenessPresentation2018.aspx. Taking these precautions will enable our ability to maintain the readiness of our force.

4. Have a great Fourth of July holiday. Be vigilant, be safe and return to your duties relaxed, rejuvenated and intact. Safety is Readiness.

One Team...One Purpose
Conserving the Fighting Strength!

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