MEMORANDUM FOR

Commanders, MEDCOM Major Subordinate Commands
Deputy Chiefs of Staff, OTSG/MEDCOM OneStaff
Directors, OTSG/MEDCOM OneStaff

SUBJECT: 2018 Dr. Martin Luther King, Jr. Holiday Safety Message

1. On 15 January 2018, our Nation will take time to remember and celebrate the life of Dr. Martin Luther King, Jr. This national day of observance recognizes the legacy of a great American who dedicated his life to peace and service. We ask that you find a moment to reflect on Dr. King's contributions to better our society and the world. Through his writings, speeches and non-violent actions, he helped us realize the belief that all people are created equal.

2. As we observe Martin Luther King Day, let us remember his example and continue to commit ourselves to always treating each other with dignity and respect. One way of honoring his memory is to take the time to focus on the well-being of those we come in contact with at work as well as during our off-duty time.

3. If your weekend observances and activities take you to venues that are outside, please remember to dress appropriately for the cold weather, and prepare yourselves and your Families for the potential dangers posed by changing or extreme weather conditions. Cold weather injury prevention tools are available for your use at the following Public Health Center website: http://phc.amedd.army.mil/topics/discond/cip/Pages/default.aspx.

4. We wish everyone in the Army Medicine a safe and happy holiday weekend. We ask that you all please continue to make us "Army Safe and Army Strong."

One Team... One Purpose
Conserving the Fighting Strength since 1775!

MICHAEL L. GRAGG
CSM, USA
Command Sergeant Major, USAMEDCOM

NADIA Y. WEST
Lieutenant General, U.S. Army
The Surgeon General and
Commanding General, USAMEDCOM