MEMORANDUM FOR

Commanders, MEDCOM Major Subordinate Commands
Directors, OTSG/MEDCOM OneStaff

SUBJECT: Presidents' Day Holiday Safety Message

1. As we celebrate Presidents' Day, we need to reflect upon and honor our Nation's rich history. While saluting our Presidents past and present for the leadership they provided our country for more than two centuries, take a few minutes to remember your part in making the American dream possible. Never lose sight of all you can do to carry our founding fathers' work forward. Thank you for your sacrifice and commitment to the Nation and to Army Medicine.

2. As we remember our leaders and enjoy the holiday weekend, take time to evaluate your preparedness in the event of natural disasters occurring this time of year. Flooding is the most common natural disaster and can occur anywhere. While floods can develop over a period of days, flash floods can develop in a matter of minutes. Flash flood waters can be caused by heavy rain, snow melt, levee breaches or dam failures. Rushing flood waters can be deeper and stronger than they look. These waters are also destructive and can carry debris, rocks, and mud. Everyone must be prepared for potential flooding.

3. In addition to flooding preparedness, I want all leaders to emphasize the following important topics: suicide risks; sexual assault risks, prevention, and response; System for Health; and the Performance Triad. Guidance is available at http://armymedicine.mil/pages/sharp.aspx and at http://armymedicine.mil/Pages/performance-triad.aspx.

4. I wish everyone a safe and enjoyable Presidents' Day Holiday weekend. As valuable team members of Army Medicine, we need all of you to return to work safe and sound after an enjoyable and well-earned respite. Army Safe is Army Strong.

Army Medicine: Serving to Heal...Honored to Serve.

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