



REPLY TO  
ATTENTION OF

DEPARTMENT OF THE ARMY  
HEADQUARTERS, UNITED STATES ARMY MEDICAL COMMAND  
2748 WORTH ROAD  
JBSA FORT SAM HOUSTON, TEXAS 78234-6000

MCSM

FEB 09 2016

MEMORANDUM FOR

Commanders, MEDCOM Major Subordinate Commands  
Directors, OTSG/MEDCOM OneStaff

SUBJECT: Presidents' Day Holiday Safety Message

1. America's presidents have come from many states, held different occupations and faced many challenges. However, each president answered the same call – the call to serve the American people. This Presidents' Day weekend will also afford our Soldiers, Civilians, Contractors, and their Family Members the chance to enjoy various recreational and leisure activities. As we enjoy some well-deserved time off, let us not forget that this holiday is in honor of our presidents. Take some time to reflect on some of their greatest contributions towards the advancement of our country.
2. For some regions, February is one of the coldest months of the year. The U.S. Army Combat Readiness/Safety Center has information on cold weather injury prevention at <https://safety.army.mil/MEDIA/SeasonalSafetyCampaigns/AutumnWinter2015-16.aspx>. Also, this website provides tools and resources to help plan winter activities, travels, and manage risks.
3. To assist in reducing risk, conduct safety briefings before the holiday weekend. I encourage leaders at all levels to reinforce cold weather injury prevention techniques with their personnel. Not all inclusive, but in particular, I also ask that you put an emphasis motor vehicle and motorcycle safety procedures. Watch out for each other!
4. To this end, CSM Ecker and I wish everyone a safe holiday weekend. Please continue to make us "Army Safe and Army Strong."

**Serving to Heal...Honored to Serve!**

NADJA Y. WEST  
Lieutenant General, US Army  
The Surgeon General and  
Commanding General, USAMEDCOM