



REPLY TO  
ATTENTION OF

DEPARTMENT OF THE ARMY  
HEADQUARTERS, UNITED STATES ARMY MEDICAL COMMAND  
2748 WORTH ROAD  
JBSA FORT SAM HOUSTON, TEXAS 78234-8000

MCSM

JAN 13 2016

MEMORANDUM FOR

Commanders, MEDCOM Major Subordinate Commands  
Directors, OTSG/MEDCOM OneStaff

SUBJECT: Dr. Martin Luther King, Jr. Holiday Safety Message

1. On 18 January 2016, our Nation will remember and celebrate the life of one of our most respected leaders, Dr. Martin Luther King, Jr. When we celebrate this holiday, we are celebrating the life and legacy of a man who brought hope and healing to our Nation; we honor the values he exemplified and remember his teachings of courage, truth, respect, integrity, humility, and service.
2. As we observe Martin Luther King Day, let us remember Dr. King's vision for equality, dignity, and respect to all human beings. Leaders, please continue to take a pro-active interest in the safety of our Service Members, DA Civilians, Contractors, and MEDCOM Family members as we enjoy the long weekend.
3. The risk of home fires increase with cold weather. Make certain to be particularly careful when using wood stoves, fireplaces, space heaters and candles. When using heat generating products and equipment, remember also to invest in a carbon monoxide detection device to safeguard you and your families from carbon monoxide poisoning. Two noteworthy websites addresses cold weather injury prevention and the "Ready...or Not" 2015-2016 Autumn/Winter Safety Campaign to help manage risks when planning your winter activities and holiday travels:  
<http://phc.amedd.army.mil/topics/discond/cip/Pages/default.aspx>; and  
<https://safety.army.mil/MEDIA/SeasonalSafetyCampaigns/AutumnWinter2015-16.aspx>.
4. CSM Ecker and I wish everyone a safe holiday weekend. Please continue to make us "Army Safe and Army Strong."

**Serving to Heal...Honored to Serve!**

NADJA Y. WEST  
Lieutenant General, US Army  
The Surgeon General and  
Commanding General, USAMEDCOM